



Native American Spa Services

Experience Arizona's ONLY authentic Native American spa with treatments based on ancient Pima and Maricopa traditions. Developed by Aji's Cultural Care Takers, each cultural offering is subjected to an extensive approval process by Tribal Elders to ensure authenticity and respect of sacred doctrines.

**Denotes treatment is provided by Pima or Maricopa Community Member with limited availability*

***"HEALING" by Belen Stoneman**

- 110 minutes from \$270 to \$310

Embark on a healing journey of body, mind and spirit during this one-of-a-kind treatment that combines traditional massage, polarity and ancient Pima healing doctrines. Begin with a brief sharing consultation, then relax and allow your body to guide Belen's healing hands. Utilizing techniques handed down by Medicine Healers of the Pima Tribe for centuries, Belen completes the experience by sharing what your body and spirit are communicating, providing an awakening of the senses and surroundings.

***PIMA MEDICINE MASSAGE**

- 50 minutes from \$145 to \$165
- 80 minutes from \$205 to \$225

A Therapeutic massage that incorporates energy anatomy and ancient techniques passed down for generations from Pima Medicine Healers, designed for ultimate relaxation with traces of spiritual healing.

***SACRED SALT ENERGY BALANCE**

- 50 minutes from \$135 to \$155

Salt has been a staple in Pima and Maricopa households since time immemorial for both culinary and medicinal purposes. Designed by our Pima Cultural Care Takers, this treatment starts with the application of Aji's indigenous Creosote (Shegoi) Oil, followed by soothing salt grains and a light steam in our exclusive Steam Capsule. While the warm mist flows over the skin, a soothing scalp massage offers transcendence. This treatment, which culminates with a foot therapy, both energizes and moisturizes the body resulting in a feeling of balance while extracting negative and sealing-in positive energy.

NATIVE HERBS CLEANSING WRAP

- 50 minutes from \$135 to \$155

A custom-combination of natural herbs, designed by our Pima Cultural Care Takers, provides supreme relaxation while cleansing energy and boosting the body's immune system. Utilizing the powers of aromatherapy, this treatment begins with a dry exfoliation prior to the draping of warm towels soaked in our indigenous array of herbs including Shegoi (Creosote) and Lavender. While the body is wrapped, scents work with the brain to induce calm while the warmth opens the pores to allow the herbs to penetrate and cleanse. A light scalp massage deepens the pleasure and a thick lather of Creosote oil along with a closing verbal gift from the therapist completes this experience.

ANCIENT SHEGOI & SALT PEDICURE

- 50 minutes from \$70 to \$90

Bask in the delicious scent of "Desert Rain" during this decadent foot therapy that includes utilizing ancient Shegoi (Creosote) leaves to massage the calves and scent the water. An exclusive mixture of fine salt and indigenous herbs exfoliate the skin prior to the paraffin dip and application of rich Shegoi lotion. A perfect polish adds the finishing touch.



*BURDEN BASKET PIMA MEDITATION

- 50 minutes, single or duet from \$100 to \$130
- 80 minutes, single or duet from \$140 to \$160

Historically, Burden baskets were used by Pima women as carrying baskets to "bear all burdens". Leave your "burdens in a basket" by working one-on-one with our Cultural Care Taker to learn techniques for stress reduction, visualization and connection with your inner being. The session will include a private consultation and meditation session, including visualization and energy balance.

Look for These Additional Native Treatments in the Main Spa Menu:

- BLUE COYOTE WRAP
- WHITE CLAY WRAP
- WHITE CLAY FACIAL
- DESERT RAIN HONEY SCRUB WRAP AND MASSAGE

Cultural Activities Available

SHEGOI

Bowls of fresh Shegoi can be found in all of our treatment rooms and an application of healing Shegoi mist completes every spa service.

DAILY SAGE OFFERINGS

The ancient tradition of burning sage to cleanse the air of negative energy takes place several times throughout each day by Pima or Maricopa Tribal Members.

MEDICINE TRAIL WALKS

A guided walking tour showcasing indigenous desert plants that have had significant cultural or medicinal purposes to the Pima and Maricopa People. *(Offered seasonally)*

AJI ART TOURS

A daily guided tour by a Pima or Maricopa Tribal Members unveiling the meanings and legends behind Aji's stunning Native art and architecture.

*HARMONY KEEPER MEDITATION CLASS

Relax your heart and restore your spirit with this unique Native-led Meditation designed by "Healer" Belen Stoneman and performed in our Olas'ki (traditional Pima Dwelling). *(Offered seasonally)*

DID YOU KNOW?

The Shegoi (Creosote, Greasewood) plant has been deemed as the desert's pharmacy. Often used for medicinal purposes, the graceful, feathery shrub is said to "smell like rain". Shegoi, as the Pima Creation Story reads, was the first thing that the Creator made after he made Earth itself. Modern science has recently confirmed the Pima Creation Story and Shegoi is now officially recognized as the oldest living plant on Earth. The wide array of chemicals in Shegoi provides protection against viruses, bacteria, fungi, and other potentially destructive agents in the environment.

