



## SPA ACTIVITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>9:00am Art Walk</i> <hr/> <i>10:00 a.m. Yoga</i>	<i>12:00 pm Harmony Keeper Meditation</i>			<i>6:15 am Sunrise Sweat and Sculpt</i>	<i>6:15 am Yoga Strength</i>	<i>10:00am Power Pilates</i> <hr/> <i>12:00 pm Harmony Keeper Meditation</i> <hr/>

Classes Subject To Change Without Notice